

# Blessings of the Seven Directions

We welcome the Spirits of the **East**, the direction of new beginnings, the direction of the morning sun and the element of **Fire**, the direction of the **Lovers**. Surround us with love for ourselves, our lovers, our children, and all living things. We welcome the Spirits of the **East**. HO!

We welcome the Spirits of the **South**, the direction of noontime and summer and the element of **Water**, the direction of the **Warrior**; Warm and refresh us with courage, strength, and energy for the work that awaits us. We welcome the Spirits of the **South**. HO!

We welcome the Spirits of the **West**, the element of the west is **Earth**, the direction of evening and autumn, the direction of the **Witch** and the **Magician**; Be with us as the sun sets and bless us with transformation and a rich harvest. Flow through us with a cooling, healing quietness and bring us peace. We welcome the Spirits of the **West**. HO!

We welcome the Spirits of the **North**, the direction of the **Sovereign** – the **King** and **Queen** joined in creation, wisdom, and passion; the element of the north is **Air**, and the direction of nighttime and winter. Be with us in the darkness, in the time of gestation, and the birth of new things. Ground us in the wisdom of the changing seasons as we celebrate the spiraling journeys of our lives. We welcome the Spirits of the **North**. HO!

We welcome the Spirits and energies of **Below**, the direction of the **Mother Earth**, the mother of all Beings, the Goddess of Compassion and Mercy; May our hearts be home to you, May we feel your presence guiding us – May the strength and balance of your grace-filled body be ours when we need them, and may we walk in your Way with trust and gladness. We welcome the Spirits of **Below**. HO!

Welcome the Spirits and energies of **Above**, the direction of the **Father Sky**; Father, watch over us, hear us and make us strong. Keep us safe from harm. Bless us with the spirits of creation, courage and exploration. We welcome the Spirits of **Above**. HO!

We welcome the Spirits and energies of **Within**, the divine within us. We honor the connection within us and between all things. The connection of our hearts as one within. We welcome the spirits of **Within**. HO!



Welcome the Spirits of our grandfathers and grandmothers, our ancestors, those who have gone before us, and on whose shoulders we stand. Welcome the spirits of the children yet to come, who will stand upon our shoulders. Invite into this circle the spirit and energy of those who guide, protect, and bless us to be fully who we are. HO!